

## OTA Student Community Involvement

Blue River Healthcare Nursing Home, Tishomingo Oklahoma

Students engage with nursing home residents at Blue River Healthcare by creating an activity that can be modified as needed to be client centered. Students begin use of therapeutic use of self while engaging residents in meaningful occupation.

Students practice modifying exercise techniques with nursing home residents at Blue River Healthcare by creating a basic exercise with various predetermine modifications. Students are expected to modify the exercise as indicated by the residents' strengths and weaknesses.

Tishomingo Elementary School, Tishomingo, Oklahoma

Students create a motor lab using the Ready Body Learning Minds program, for the 3<sup>rd</sup> graders at Tishomingo Elementary school. Student set up the lab during the PE course and the 3<sup>rd</sup> grade students rotate through each lab station to address sensory, motor and coordination deficits to assist with focus and functioning in the classroom. Booklets of activities are provided to 3<sup>rd</sup> grade teachers.

Students create a fine motor activity sequence for a small group of pre-school students at Tishomingo Elementary school. Students create activities that are age appropriate and address in-hand manipulation, fine motor coordination,

strengthening or visual

## Johnston County Health Department

Each Spring, the Johnston County Health Department hosts a Diabetic Conference for those in the community that either have diabetes or are a caregiver for those with diabetes. The conference is held at Murray State College and the Occupational Therapy Assistant (OTA) Students assist with the conference in a variety of ways.

They host a break-out session regarding occupational therapy and diabetes, in which they research a specific topic and put together a presentation. The OTA Students also provide a setting for the younger attendees which includes age appropriate activities highlighting diabetic safety, including good nutrition.

The Student Occupational Therapy Association (SOTA), a pre-professional student organization, assists with the vendor portion of the conference by hosting a table and by assisting with the set-up of the vendors.

The OTA students assist by serving as hosts to the presenters in the break-out sessions.